



# The Difference Between THC and CBD

## WHAT IS CBD?

Cannabidiol (CBD) is derived from Hemp and is one of over 85 cannabinoids that is identified in the Cannabis plant.

Hemp and Marijuana are from the same family, but they are **TWO SEPARATE PLANTS**

## MARIJUANA

Marijuana has high levels of THC and low levels of CBD. The flowers from this plant are used for smoking while the oils are used for vaping to achieve psychoactive effects or pain management.

Levels of THC v. CBD in Marijuana:



### MARIJUANA

Contains more than 20% THC

## HEMP

Hemp has low levels of THC and high levels of CBD. The leaves and seeds from this plant are extremely nourishing. The oils are used for pain management, anxiety, and many other common ailments.

Levels of THC v. CBD in Hemp:



### HEMP

Contains less than .3% of THC