



The Different Forms of CBD

INGESTIBLES

Onset: 30-60min

Duration: 2-4Hrs

Liquid Hemp Oil- CBD Tincture or

Drops

Encapsulated CBD Oil

SMOKABLES

Onset: Immediate

Duration: 45-60min

CBD-rich E-Liquids or Vape

Cartridges

TOPICALS

Onset/Duration: Varies

Salve

Balm

Lotion

